



# THE UPDATE

Greetings Friends!

Wishing you a HAPPY SPRING! Its so good to see the sun out and the flowers blooming.

Goodbye Winter and hello bikini bodies. To help you get back into shape we have included some info on getting back into tip-top shape. Good luck - we know it can be hard turning down the double fudge chocolate cake and opting for the salad instead.

It has been a fabulous two months for us, with the completion of the Durban FilmMart which was a huge success, as well as managing the KZN Top Business Awards, the SAICA Annual Dinner and the launch of the new Scania Touring. We have been loving every moment of the hussle and bustle and looking forward to the rest of the year and upcoming events.

It's almost time for the crazy season so we hope that you have booked your year end function, but if you haven't do give us a call and we will be happy to assist you with some interesting options at a variety of venues on our books that will suit all budgets and requirements.

Here's hoping Spring gives you the extra "spring" in your step...

Until next time...

*Kamille*

September 2013

## TROPICAL PARADISE

Located just 90 minutes south of King Shaka Airport is the 4-star Peermont Mondazur Hotel and Spa near Southbroom on the KwaZulu Natal South Coast at San Lameer Golf Estate. Situated on the banks of the Umhlangamkulu Lagoon with access to a pristine Indian Ocean beach, it is heaven in every sense of the word.

The intimate hotel offers 40 rooms and suites elegantly decorated in contemporary Indonesian style. In this exclusive and secure beach and golf coastal reserve, guests are surrounded by beauty, luxury and tranquility.

The centrepiece of San Lameer's magnificent domain is the 18 hole championship golf course at the San Lameer Country Club. Guests have access to the dining, convention facilities and a variety of recreational activities as well as the magnificent Blue Flag Beach.

The Peermont Mondazur facilities include two function rooms and three breakaway rooms that can accommodate banquets and conferences for delegates from 8 to 120, with an outstanding range of equipment and well-appointed rooms.

Aside from conference facilities the hotel is also home to the Camelot Spa. The highlight of the spa facilities is the magnificent Rasul chamber, a first of its kind in South Africa in that it houses a central cold pool, which together with the mud treatments, is the ultimate cleansing and relaxing experience.

The spa also contains a fully equipped state-of-the-art gymnasium with a range of fitness equipment and a Pilates studio where yoga and Zumba (dance aerobics) classes are taught. To book at Peermont Mondazur – please contact thoughtFIRE on (031) 569 5988.

### WIN!

To win a 2 night stay  
at Peermont  
Mondazur for 2  
people sharing



including  
breakfast—  
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