

DURBAN



FOR OFFICIAL USE ONLY

Please print clearly
using block letters

Event selection 10km

5km

First Name

Last Name

Gender Female

Confused Male

Date of Birth

Age

ID Number

Email

Cellphone

Town/City

Province Postal

Code

Club

Licence No.

Release and Waiver

I am in good health, physically fit and have trained sufficiently to participate in the event. I agree to comply with the rules, conditions of entry and regulations for this event which includes payment of the entry fee which can not be refunded. I hereby release and discharge, the organisers of the SPAR Woman's 10/5km, all sponsors, volunteer groups, medical personnel, and any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities. This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organisers and sponsors, in section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge.

Signature: _____ Date: _____

Signature of Guardian (if under 18 yrs) _____