

# SALGA KZN GAMES

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9th December - 12th December 2011

## EXCITEMENT AT DURBAN GAMES

Approximately 4100 competitors descended on eThekweni Metropolitan Municipality from all districts of the province of KwaZulu-Natal to compete in the three days of the SALGA KZN Games 2011. These athletes were accompanied by district and local mayors, councillors, technical officials, coaches, and supporters. In addition, government officials, business representatives and the media attended the various events, which attracted, in all, about 10 000 spectators.

The highly successful event received much praise from all involved. CEO of SALGA KZN Mr Sandile Ben Cele said, "We as SALGA KZN are proud that the organising and planning of these Games has improved over time. This is reflective in the wide range of guests and visitors who want to be part of these Games. In addition, the SALGA KZN Games have also become a successful sporting model for other South African provinces to follow."

Over time the Games have grown and developed as a brand. Inaugurated in 1998, and supported by major stakeholder the KZN Department for Arts, Culture, Sport and Recreation, the much anticipated event emphasizes the important role that sport plays in society. The SALGA KZN Games have evolved from their origins in only one sporting code, namely football and now consist of 15 codes. These are rugby, cricket, swimming, ballroom dance, golf, football, volleyball, indigenous games, swimming,

karate, netball, table tennis, athletics, boxing, and basketball.

The Games also continue to serve as a catalyst for broader sports participation. Selection for the events takes place at a ward, local and district municipal level within KwaZulu-Natal. The Department of Sport and Recreation has always

lent financial and human resources support. The financial support has been R3.2 million this year to ensure the success of the Games. The bulk of the funds went to the team selection process at district level.

Through the qualifying events 30 000- 40 000 people compete, ensuring that mass participation

in sporting activities occur. This method is especially important to people in previously disadvantaged areas, who may not often be provided the opportunity to compete in sporting events. The build-up to the games also creates an opportunity to identify sporting talents in the outlying areas of all district municipalities.

Vusi Mazibuko, the Project Manager for the SALGA KZN Games 2011, remarked about the good organisation of the games from local to district level. He said that such good organisation was a clear testimonial to the good work that the Department of Sport and Recreation was doing at ward to district levels.

The remote districts also showed much improvement in the various codes in which they participated. Mazibuko also emphasized the potential to take the annual event to a higher level in the future through promoting sport in schools, creating sporting leagues and having dedicated coaches particularly at a junior level.

Sport has the ability to transcend being 'just games' through providing entertainment, promoting local economics and promoting healthy lifestyles. This event also provides a great opportunity to build the self esteem of young people. The Chairperson of SALGA KZN, Councillor Welcome Mdabe said, "It should be noted that more than anything the Games for the past 13 years have encouraged collaboration, enhance coordination, strengthened cooperation, unearthed young talent, built character, discipline and broader mass participation in sport."

KwaZulu-Natal MEC for Arts, Culture, Sport and Recreation, Ms Sibhidla-Saphetha, in her Games message said that the Department's support for the Games encapsulates all that the Department stands for. She said, "My Department has been with the predecessor of the SALGA KZN Games, the Kwa-naloga Games since their inception. Our Department is responsible for the development of sport. For us as a Department there is no better platform to gauge the success of our initiatives than tournaments such as this one."



KwaZulu-Natal MEC for Arts, Culture, Sport and Recreation, Ms Sibhidla-Saphetha

## ETHEKWINI VICTORS MUNICIPALITY

eThekweni Municipality, hosts of the SALGA KZN Games for 2011, were also the proud victors. The traditional champions once more did themselves proud and continued their domination of the games. The joyful eThekweni supporters had much to cheer about as the home team won a grand total of 18 sporting code medals. This impressive medal count converted to a whopping 43 points. Eleven gold medals out of a potential total of twenty were awarded as well as three silver medals and four bronze medals (to calculate the points gold counted for three points, silver for two and bronze for one point).

The various overall sporting code medals were awarded as follows:

### Gold

Athletics, female basketball, cricket, indigenous games, karate, netball females, rugby males, swimming, table tennis, tennis, volleyball males.

### Silver

Basketball males, golf, volleyball females.

### Bronze

Dance, football males, football females, netball males.

eThekweni Mayor James Nxumalo said that the City was very proud of the participants who won various trophies for their respective sports codes. "Having watched some of the games I could tell that the players were hungry for success," said Nxumalo.

Team eThekweni leader, Lona Benya said, "The team was disciplined and I think that played a huge role in us winning the games."

The closing ceremony of the SALGA KZN Games was concluded with the Metro team receiving the much coveted overall trophy for the tournament. The team was ecstatic over their win, which was achieved by much hard work and training, in all the sporting codes.

The words of Muhammad Ali may be equally applied to eThekweni's athletes and in indeed to all those who participated in the SALGA KZN Games, "Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision."





# CONGRATULATIONS

KwaZulu-Natal Top Business Portfolio congratulates all involved in the SALGA GAMES 2011 on an outstanding event

## AN ELECTRIC OPENING CEREMONY

Sugar Ray Xulu Stadium, in eThekweni municipality's Claremont township, was given life by the opening ceremony of the SALGA KZN Games 2011. The much anticipated event was attended by a range of government officials, municipal mayors and councillors, business representatives, and other spectators.

The afternoon kicked off with live performances by various local artists, including troops of dancers, singers and DJs. The pulsating music added to the air of anticipation and excitement as well as attracted much attention from local residents. The stadium soon filled up with spectators and game supporters.

The anticipation was not worthless as the parade of participating athletes entering the stadium was electric. The energetic teams, each well-presented in their respective tracksuits, marched around the field with great enthusiasm. To add to the festivity, they were accompanied, amongst others, by groups of bands, Indian and traditional Zulu dancers, jugglers, rickshaws and djembe drummers. Last on to the field, eThekweni Municipality, the host team was given a wholehearted welcome.

A warm welcome was extended by dignitaries and representatives of the organising committee. The formal part of the ceremony was directed by the Mayor of uThungulu and Chairperson for the Social Develop-

ment Working Group, Cllr. T. Mchunu, who emphasized that the Games provide a platform to showcase the talent of the youth in deep rural communities. KZN MEC for Sport and Recreation, Ms. Ntombikayise Sibhidla-Saphetha stressed the value of sport and the important role of the SALGA KZN Games in developing our young athletes. Pearl Bengu, FNB Regional Director for Public Sector Banking, the event sponsor, emphasized the importance of this event in promoting overall well being and a healthy life style. Cllr. James Nxumalo, Mayor of eThekweni welcomed all the competing teams to Durban and wished them well.

On behalf of the participants an athlete read the SALGA Games oath:

"In the name of all competitors, I promise that we shall take in these SALGA Games, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship, for the glory of sport and honour of our teams."

A highlight of the evening was the new SALGA dance, which was expertly performed by a group of energetic dancers from different municipalities to much delight of the crowd.

In true tournament culture a flame was lit to signify the official beginning of the games.





# CONGRATULATIONS

eThekweni Municipality congratulate the winning performance of it's team.  
Well done to you all!



## FIRST NATIONAL BANK

First National Bank has a lot to celebrate in KwaZulu-Natal. FNB is privileged to be the banker of choice for more than half of the province's municipalities and is delighted to be involved in the SALGA KZN Games.

Pearl Bengu, the Regional Director of KZN Public Sector Banking, was very impressed with the Games and enjoyed the good organisation she experienced. Bengu said, "FNB has always been involved in sports programmes and is proud to be part of projects such as these that nurture talent." Hans Hillebrand, CEO Public Sector Banking, attended the opening ceremony of the Games and was very impressed with the evening's proceedings, expressing a hope to "keep on doing the Games".

FNB has developed good relationships with the municipi-

palities in KwaZulu-Natal and is keen to do more. Bengu said, "Assisting municipalities with proper budgeting and cleans audits are high on the banks priorities."

A variety of exciting initiatives are planned for FNB's municipal partners in 2012. These include:

1. Fraud workshops aimed at educating municipal officials on the detection and prevention of fraud within their departments.
2. Workshops that will educate municipalities on effective cash flow management through the use of investment accounts and other tools at their disposal.

FNB is also excited about the roll out of Quill. This product is similar to Instant Accounting which has been successfully rolled out in the Business Banking space. Quill will allow municipalities to compile accurate financial statements based

on their information in their bank statements. Through these products, FNB will strive to ensure that municipalities run smoothly.

Bengu also mentioned the important economic spin-offs that the Games have to the host district. The Games are rotated annually so that these benefits are shared amongst the districts.

Besides watching a range of other sporting codes, Bengu was delighted to attend the finals of the football matches at King Zwelithini Stadium where there was much excitement. She commented that all athletes need to remember that the real winners are those who participate to the best of their ability with the spirit of sportsmanship." Bengu concluded by thanking everyone concerned for a memorable experience.



Pearl Bengu, the Regional Director of KZN Public Sector Banking

## ETHEKWINI HOSTS SUCCESSFUL SALGA KZN GAMES 2011

eThekweni Municipality was the proud host of the SALGA KZN Games 2011. The smooth organisation of the Games may be attributed to careful planning and attention to detail by the Local Organising Committee (LOC), which included representatives from both SALGA KZN and the eThekweni Municipality. The LOC was divided into five commissions, each with a dedicated responsibility, namely:

1. Logistics and Support Services
2. Sport Services

3. Game Services
4. Emergency and Risk Management Services
5. Public and Relations Marketing

Each commission ensured that its duties were carried out efficiently and capably. As a consequence, the eThekweni Metro Municipality received many compliments from athletes, team officials and supporters. Cllr Sibusiso Mdabe, Chairperson of SALGA KZN, said "We salute these structures as they make these games a marvel to

watch." Mdabe also said that he would like to congratulate eThekweni Municipality for their innovation and full commitment to the SALGA Games.

Much time and effort went in to ensuring that all the venues were ready. Events were held at a number of locations including the King Zwelithini Sporting Complex, Kings Park Athletics Stadium, Hoy Park Sports Grounds, George Campbell High School, Kings Park Swimming Pool, Olive Convention Centre, University of KwaZulu-Natal

(Westville Campus), Cato Manor Sports Ground and Windsor Golf Course.

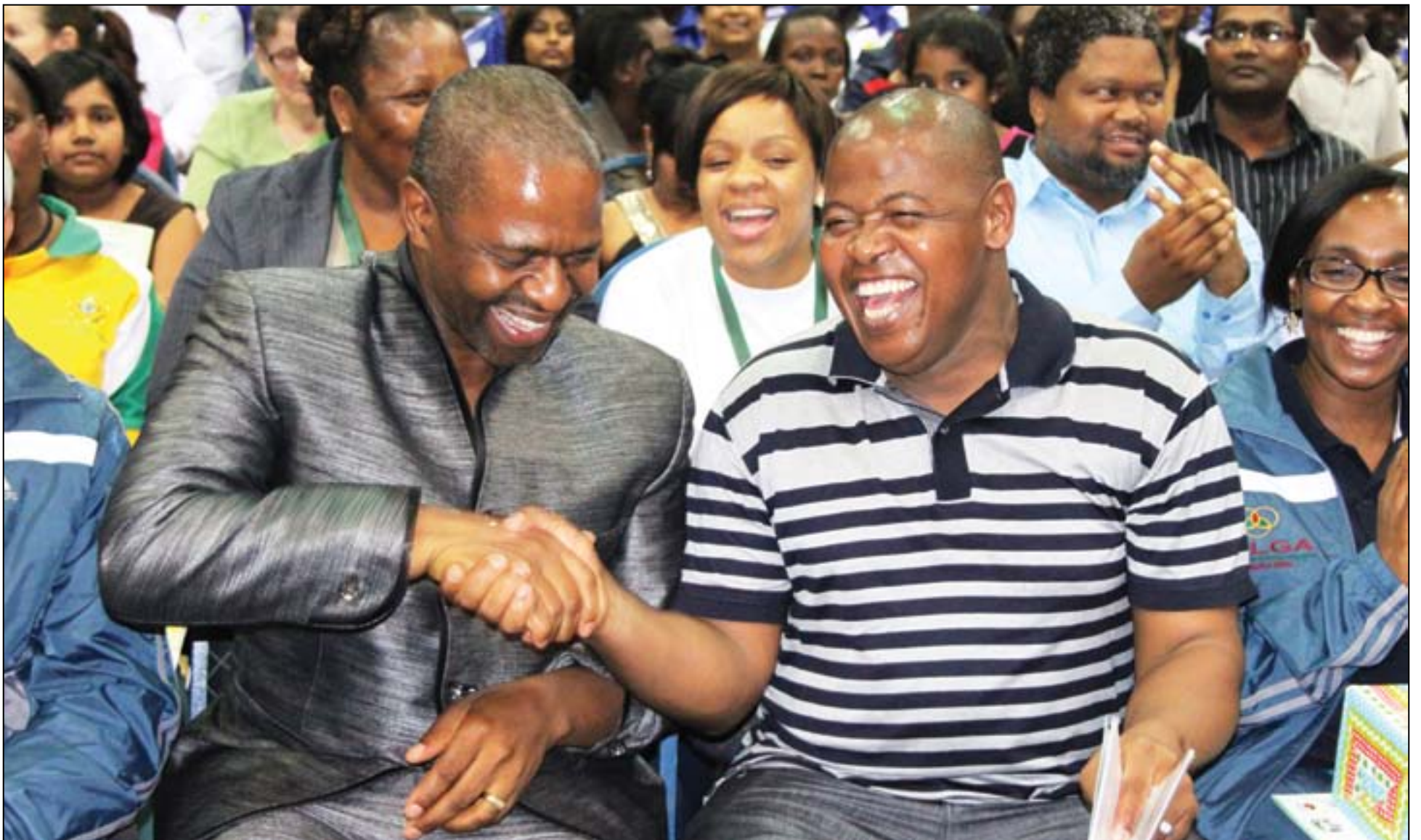
Five new netball courts were constructed at Hoy Park, which will be a legacy of the 2011 Games. These facilities indicate the sporting depth that eThekweni Municipality is fortunate to have on hand. The high standard of the venues and having the respective sporting codes allocated to designated venues, made for seamless management of the tournament. This was much appreciated by the various code managers as well as the competi-

tors.

Vusi Mazibuko, Event Manager said: "We demonstrated our capabilities of hosting big events. We did not receive a single protest, all the results were projected on screens in different playing venues, while games were going on." It therefore came as no surprise that eThekweni Municipality was also crowned the most organised municipality at the SALGA KZN Games 2011.

Each year the Games are held in a different district municipality.

The changing location ensures that different district municipalities are involved in the planning and management of sporting events which develops capacity. A further aim of the Games is to facilitate the development of sustainable sport infrastructure within municipalities. The Games are also a boost for local economies due to the need for services providers in categories such as catering, transport, accommodation, logistics and apparel. The thrilled host for the 2012 SALGA KZN Games is uThukela District Municipality.



MEC For Health Dr. Dhlomo congratulating Cllr. S. Mdabe on the success of the SALGA Games 2011



# A WINNING PROVINCE

Annually, KwaZulu-Natal's district municipalities namely Amajuba, iLembe, Sisonke, Ugu, Umgungundlovu, Umkhanyakude, Umzinyathi, uThukela, uThungulu, Zululand and the eThekweni Metropolitan compete in the SALGA KZN Games.

In addition to promoting sport, the aims of the SALGA KZN Games are to promote interaction and build partnerships between the various district municipalities within KwaZulu-Natal. These goals are of significance in unit-

ing people and promote social cohesion within the province.

On the surface the competition is friendly and much pleasure is gained from interacting with fellow athletes from all around KwaZulu-Natal. However, the reality is the desire to be the winning sporting district of the province. Taking home the overall winning trophy is highly sought after and this year was no exception.



## AMAJUBA DISTRICT MUNICIPALITY

Amajuba District Municipality headquartered in Newcastle participated in all of the sporting codes and took home five code medals. These included the overall much coveted female football trophy. Silver medals were awarded for three codes namely, athletics, table tennis and male volleyball as well as a bronze for male basketball. Assistant Chef de Mission Zanele Ndlovu said that the Amajuba team was very happy with their athletes' per-

formance in these codes as well as their efforts in other events. Utrecht councillor, Mr S Nkomonde, was delighted to be at the Games. He stressed the importance of sport in the lives of youth in creating new opportunities as well as being instrumental in teaching positive life values. This was echoed by Mr Mthethwa, the Emadlangeni Director of Community Services who said, "Games take away the stress of the world".



## ILEMBE DISTRICT MUNICIPALITY

Located on the north coast of KwaZulu-Natal, the seat of iLembe District Municipality is KwaDukuza. iLembe competed in all the codes of the tournament. iLembe District Mayor, Cllr. Sibusiso Mdabe, said of his team, "They did very well and I am happy with their performance. There is an element of growth and development. Last year we received four medals and this year five. When one looks at the past, one gets an indication that we are making progress in terms of overall performance. As a result the iLembe District took fourth place overall; an improvement from last year's games where we came fifth. In 2006 we came 6th, 2007 we came 9th, 2008 we came 8th, 2009 we came 9th, 2010 we came 5th and this year, 2011 we came 4th."

iLembe were also ecstatic about the golds and silvers they managed to take home. Overall as the results have shown the district made improvement in most codes and increased the number of individual gold medalists in codes such as table tennis. iLembe received silver medals for karate and bronze medals for table tennis and tennis. The district has made

strides in volleyball where the female team was honoured as the volleyball champions for SALGA KZN Games 2011. The golf team made iLembe proud by taking the first place as overall golf champions for SALGA KZN Games 2011; after they failed to defend the trophy last year in Richards Bay and came second.

Mdabe said that this improvement can be attributed to better coordination and commitment. The good performance of the team is as a result of hard work, determination and endurance by all stakeholders; which include the athletes themselves, the team officials (volunteers), the honourable councillors and officials from both the district and the local municipalities within iLembe. Cllr. Mdabe went on to say that there was however, still room for improvement.

Mdabe concluded, "We congratulate them because they have taken the games very seriously and understood that participating means to earn a spot on the high ranking list of the best athletes in the Province of KwaZulu-Natal. Well done Team iLembe!!!"



**FNB**  
First National Bank

# CONGRATULATIONS

FNB congratulates KZN District Municipalities on their participation

## SISONKE DISTRICT MUNICIPALITY

Sisonke District Municipality with its seat in Ixopo consists of mainly rural area. However, the district sent a large squad of enthusiastic athletes to compete in the various sporting tournaments. The municipality competed in all the sporting codes including, for the first time, swimming. Sisonke was delighted to take home three overall silver medals for dance, female football and tennis, which is an improvement on previous years. Chef de Mission, Boniwe Zulu was thrilled that the team won 21 medals within the events includ-

ing six gold ones. Winning the silver medal for the female football was a highlight of the tournament for Sisonke, although the team was terribly disappointed not to bring home the gold. Zulu would like to introduce a longer district municipal sporting programme, which focuses on development. This would enable a better platform for athlete selection. A traditional leader from Sisonke District, Mr Msinga Phantsi, attended the Games for the first time. He said that he was impressed with the overall organisation of the event.



## UGU DISTRICT MUNICIPALITY

Ugu District Municipality located on the KwaZulu-Natal south coast competed in cricket, football, female netball, rugby, male volleyball, athletics, boxing, dance, golf and swimming. The squad took home three medals, silver for cricket and two bronze medals for the sporting codes of male volleyball and golf. The Mayor of Ugu District Municipality, Cllr N.H. Gumede was

very pleased with Games. She felt that they were well organised and that there was a lot of commitment from players and spectators. As a new mayor, this was her first visit to the SALGA KZN Games. Next year she would like her municipality to prepare early and get more organised in order to win more medals.

## UMGUNGUNDLOVU DISTRICT MUNICIPALITY

Umgungundlovu District Municipality with its seat in Pietermaritzburg participated in all the sporting codes. Umgungundlovu took a proud third place in the overall medal count garnering seven medals. This shows much improvement as Umgungundlovu was not even in the top five last year. The district won two gold medals (basketball males and dance), two silver medals (indigenous games and swimming)

and three bronze medals (basketball females, rugby males and rugby females). Cllr. Bhamjee the Mayor of Umgungundlovu was very pleased with the healthy and committed spirit of the athletes. He commented that the planning and participation of all the municipalities had grown in leaps and bounds. Cllr Bhamjee said, "The municipalities are no longer participating for the sake of participating." He went on to

add that he hoped that this new attitude would close the gap that eThekweni Metropolitan has on other districts in future sporting events. Umgungundlovu was one of the three districts nominated for the award of best organised district.



### UMKHANYAKUDE DISTRICT MUNICIPALITY

Umkhanyakude District Municipality located in the north-eastern region of KwaZulu-Natal. The mainly rural district has its head office in Mkuze and the region includes the iSimangaliso Wetland Park. Umkhanyakude participated in eleven of the sporting codes with the exclusion of golf, swimming, table

tennis and tennis. The squad won three medals consisting of gold for male netball and two bronze for netball females and volleyball females. Umkhanyakude Chef de Mission Sfiso Xulu thought that the 2011 Games were "superb". They were well organised, although he did find the distance between the venues to be far.

He was delighted with the gold medal his team won. Xulu said that his football team, although they were knocked out in the quarter finals, have a lot of talent and the potential to better. He is looking forward to next year's competition.



### UMZINYATHI DISTRICT MUNICIPALITY

Umzinyathi District Municipality is located in the northern central areas of KwaZulu-Natal and includes some of the poorest and most under developed rural areas of the province. Umzinyathi District Municipality's head office is in Dundee. The district participated in football, netball, rugby, volleyball, athletics, box-

ing, and karate. The squad won three medals; a gold for male football and silver for cricket and male rugby sevens. The gold for male football is possibly the most coveted trophy of the SALGA KZN Games, so the team was overjoyed by this win. In the future Umzinyathi hopes to enter more of the sporting codes and

believes that there is much potential to do better. Sport is also for the benefit of young people and has many positive benefits to the region's communities. Umzinyathi was one of the three districts nominated for the award of best organised district.





## UTHUKELA DISTRICT MUNICIPALITY

The seat of uThukela District Municipality is in Ladysmith. uThukela is located in the western boundary of KwaZulu-Natal. The municipality is predominantly rural, with three of the five local municipalities, rural based. The district participated in all sporting codes and took home four medals. A gold medal was received for female rugby sevens, a silver for female basketball and a bronze for cricket and dance. uThukela District Municipality is supporting and promoting sport and youth throughout

the district. Slindile Thwala, a team manager, was very enthusiastic about the Games. A primary aim of the municipality is to encourage the youth to take part in sports so that they don't engage in anti social or criminal behaviour. uThukela has appointed a dedicated person that deals with youth sport issues throughout the district. Consequently, a number of youth projects are underway to promote sports in the district which will raise Uthukela's competitiveness levels next year.



## UTHUNGULU DISTRICT MUNICIPALITY

The magnificent uThungulu District Municipality is located in the north eastern region of the KwaZulu-Natal Province on the eastern seaboard of South Africa. The district's head office is in Richards Bay and it has the third highest population in the province. uThungulu participated in most sporting codes except for table tennis and tennis. uThungulu won second place in the overall medals table receiving a total of eight medals. uThungulu won a gold medal for boxing, four silver medals (football males, netball males, netball females and rugby sevens females)

and three bronze medals (indigenous games, karate and swimming). Simone Prinsloo, one of the female rugby sevens team, was delighted to be at the Games and extremely pleased with her team's performance. Uthungulu District Mayor Cllr Thembe Mchunu believes that sport is a good opportunity to learn new skills, become assertive and build self esteem amongst the youth. Through the Games she would also like to see the growth of social cohesion amongst communities. Cllr Mchunu said, "We must enjoy sport as well as develop the feeling that we can achieve a lot working together." She also wishes that more talent scouts would attend the Games to identify talented athletes and give them an opportunity to take their sports to new levels.



## ZULULAND DISTRICT MUNICIPALITY

Zululand District Municipality, the Heart of the Zulu Kingdom, head office is in Ulundi and consists of five local municipalities. The district participated in all sporting codes and won a bronze medal for athletics. Cllr V.Z. Magwaza-Msibi, mayor of Zululand District Municipality, was in attendance and thoroughly

enjoyed the SALGA KZN Games. She said that the level of competition was high at this year's games. She added that her team was young but had come to Durban with a positive spirit and that she was proud of them. Cllr Magwaza-Msibi intends to continue to promote sports development in her district in order that the re-

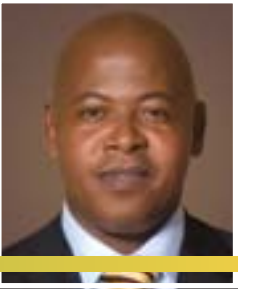
gion's sporting potential may be boosted. She concluded by saying, "I would like to congratulate SALGA on its organisation and my team on its performance." The Zululand Chef de Mission, Bheki Zwane, was particularly pleased with the team's efforts in athletics where many gold medals were won in the various events.





# CONGRATULATIONS

iLembe District Municipality congratulates all athletes who were selected to represent iLembe during the SALGA KZN Games 2011



## 15 SPORT CODES AT THE GAMES

### ATHLETICS

A large number of competitors representing all the district municipalities of KwaZulu-Natal participated in the athletics competition. The events consisted of track and field as well as cross country. Despite the weather being hot and humid, the athletes were in good spirits while doing their best to make the situation more comfortable.

Precious Mthembu from eThekweni Municipality, a high jump contender said, "The competition is tough and there are some very talented athletes at the event, which makes it more challenging". Watching Mthembu fly over the high jump beam it is no wonder she is doing so well. Her positive and modest attitude will serve her well in both these games and in the

future, as this young woman is sure to go far. It is for this reason that the SALGA KZN Games are a great opportunity for scouting and providing recognition to those athletes that deserve to go all the way to the top.





The eThekweni athletics boys were the proud winners of one of the medley relay heats. With Gerhard Oberholzer running the 100 metres, Nhlakanipho Zulu running the 200 metres, Sonwabiso Skhosona running the 300 metres and Sandile Dlamini cleaning up with the 400 metres, the team was unstoppable. The boys came off the track with huge smiles and positive attitudes, patting each other on the backs with jubilant congratulations, the pride that they had for one another was evident as it was a clear victory. Sandile Dlamini spoke for the team saying, "We worked very hard to win today, we have been training together for a while and it all paid off."

Gerhard Oberholzer, the sprinter on the team commented on the fact that

the SALGA KZN Games have brought a new crop of talent to the table which is refreshing. He went on to say that it is an eye opener to see other athletes who do not necessarily have the opportunities that they have can still rise to the challenge and not only compete but also keep up with the competition.

Mom, Sonja Smith said, "My overall impression is a big thumbs up to SALGA for putting together such a well structured and organised event that has runs smoothly without a hitch."

Of note gold medal for the finals of the male cross country were awarded to Sonnyboy Mkhwanazi (Zululand), silver to Simphiwe

Ndovela (Ugu) and bronze to Victor Thwala (Amajuba).

Amajuba took the top three places in the senior female cross country. The athletes were: Sonto Dlamini (gold), Londiwe Thabethe (silver) and Nokwazi Skhakhane (bronze).

The junior female cross country medals were as follows:

Gold: Mphumelelo Mnyandu (uThukela), Silver: Nelisiwe Gumbi (Zululand) and Bronze: Ntombizanelle Nkweba (Ugu).

#### FINAL OVERALL ATHLETIC MEDAL RESULTS

GOLD	ETHEKWINI
SILVER	AMAJUBA
BRONZE	ZULULAND



# CONGRATULATIONS

Zululand District Municipality congratulates its team on their performance and positive spirit



## BASKETBALL

Basketball is becoming a popular sporting code in KwaZulu-Natal and South Africa. Basketball SA anticipates that by 2012, basketball will get a minimum of six hours per week on television production. This popularity was clear in that the University of KwaZulu-Natal Westville Campus was abuzz with excited participants and team supporters at the SALGA KZN Games 2011.

Basketball is a demanding sport played by two (2) teams of five (5) players each. The aim of each team is to score in the opponents' basket and to prevent the other team from scoring. Players need to be conditioned and strong, both mentally and physically.

Nine districts of the eleven municipal districts in KwaZulu-Natal, with the exclusion of Ugu District Municipality and

Umzinyathi District Municipality, competed in the basketball tournament. Seeding for the event was based on the last four year's results. Arnold Moseya, the tournament manager was very happy with the organisation of this year's competition. He said, "All the games went well and there were zero major problems and only a few small hiccoughs, which were not out of the ordinary".



RESULTS BASKETBALL FEMALES				
GROUP A				
TEAM	PLAYED	WON	LOST	POSITION
ETHEKWINI	3	3	0	1
UTHUNGULU	4	1	3	4
ZULULAND	3	2	1	3
SISONKE	3	0	3	5
UTHUKELA	3	2	1	2
GROUP B				
TEAM	PLAYED	WON	LOST	POSITION
UMGUNGUNDLOVU	3	3	0	1
ILEMBE	3	1	2	3
UMKHANYAKUDE	3	0	3	4
AMAJUBA	3	2	1	2

RESULTS BASKETBALL MALES				
GROUP A				
TEAM	PLAYED	WON	LOST	POSITION
ETHEKWINI	4	4	0	1
ILEMBE	4	1	3	4
SISONKE	4	2	2	3
ZULULAND	4	0	4	5
AMAJUBA	4	3	1	2
GROUP B				
TEAM	PLAYED	WON	LOST	POSITION
UTHUNGULU	3	2	1	2
UMGUNGUNDLOVU	3	3	0	1
UTHUKELA	3	1	2	3
UMKHANYAKUDE	3	0	3	4

FINAL OVERALL BASKETBALL MEDAL RESULTS		
	FEMALE	MALE
GOLD	ETHEKWINI	UMGUNGUNDLOVU
SILVER	UTHUNGULU	ETHEKWINI
BRONZE	UMGUNGUNDLOVU	AMAJUBA

Both the eThekwini male and female teams did extremely well in the first rounds of the competition winning all their matches. Moseya said that there were talented players in these teams who had the potential to go far. Umgungundlovu District Municipality did well in the male Group B playoffs and went on to beat eThekwini Metropolitan in the final match. Amajuba District Municipality won the bronze medal in the males' competition. The female team from Umgungundlovu

District Municipality received a bronze medal, while uThukela District Municipality received the silver medal.

The development of the sport needs to continue through youth programmes. Coaches also need to ensure that they select the right players for the sport. The height and speed of athletes are hugely important, as these are assets in this game. Moseya said that while the SALGA KZN Games provided an opportunity to compete, more

platforms are necessary for the growth of the sport.

Basketball has the potential to grow as a sporting industry and an important tool for employment. However, what brings most of the young players out to compete is not future prospects but enjoyment of the game. The many players spoken said that they really enjoyed the competition. Some teams expressed the desire to improve and are already making plans for next year's competition.



# CONGRATULATIONS

FNB congratulates all athletes!







**FNB**  
First National Bank

# CONGRATULATIONS

FNB congratulates KZN District Municipalities on their participation



## SALGA KZN GAMES 2011 FINAL MEDAL RESULTS PER CODE

POSITION	REGION	GOLD	SILVER	BRONZE	TOTAL MEDALS	TOTAL POINTS
1	ETHEKWINI	11	3	4	18	43
2	UTHUNGULU	1	4	3	8	14
3	UMGUNGUNDLOVU	2	2	3	7	13
4	ILEMBE	2	1	2	5	10
5	AMAJUBA	1	3	1	5	10
6	UMZINYATHI	1	2	0	3	7
7	UTHUKELA	1	1	2	4	7
8	SISONKE	0	3	0	3	6
9	UMKHANYAKUDE	1	0	2	3	5
10	UGU	0	1	2	3	4
11	ZULULAND	0	0	1	1	1



# CONGRATULATIONS

eThekweni Municipality congratulate all participants at the SALGA KZN Games



## BOXING

All of KwaZulu-Natal's municipalities qualified for boxing in the SALGA KZN Games this year. Both male and female, juniors (age 15 and 16) and youth (age 17 to 18) competed. Each district was allowed to enter one boxer per age group in each division, which was determined by weight class.

The boxing bouts consist of three rounds of three minutes each for the youth boys. The youth girls' bouts consist of four rounds of two minutes each. The junior boys and girls both have three rounds of two minutes each.

The discipline and focus that these young athletes have for their sport is clear to see. In addition they have much respect for their coaches and for each other. The confidence shined through in young athlete Lindokehle Sibiya from Zululand Municipality. His focus on the goal to win was evident during a practice session with his fellow team mate. Sibiya has been boxing for two years. He

stated that he wants to carry on with boxing and go all the way to be a professional within the sport. Sibiya said, "There is a lot of talent here, lots of athletes have trained and have been dedicated to the sport, I have a lot of respect for all the athletes not only in boxing but in all the other sport codes for making it this far." Everyone here deserves a chance to win in Sibiya's eyes. When asked how he felt about competing he said "I am ready! I am Lindokehle, watch out for me!"

The support for the athletes at the SALGA KZN Games from the coaches, parents and council officials has been exceptional. There have even been appearances from past athletes that have made it big and are now at the SALGA Games to cheer for the young athletes trying to fill their shoes. Junior heavy weight champion Zonke Douglas Sibiya was at George Campbell school supporting the up and coming boxers, giving them encouragement and advice on how to improve techniques. For such a large and in-



charge man who towered over everyone, he was more than ready to stop what he was doing and help anyone in need.

Umzinyathi District Municipality boxing coach, Nkosinathi Hlatswayo, was very pleased with the organisation of the competition. He felt that the standard was very high and the competition fierce leaving

everyone guessing as to the final outcome up to the final day. Next year he will make sure that his team has more girls, whom he believes can learn boxing easily. He also thinks that there is potential for the young male boxers to qualify for national competitions. He added that coaches need to ensure that they take responsibility for their athletes' training

as lots of potential talent is present in this sporting code.

uThungulu District Municipality were proud winners of

the trophy for the boxing code. The training of these young boxers has helped increased the level of boxing in the district.

### FINAL OVERALL BOXING MEDAL RESULTS

GOLD	UTHUNGULU
SILVER	UMZINYATHI
BRONZE	UTHUKELA



## CRICKET

All the district municipalities with the exception of Umzinyathi District Municipality played in the cricket sporting code. The tournament followed the Twenty20 game format where each team has a single innings, batting for a maximum of 20 overs. A Twenty20 game is completed in about two and half hours, with each inning lasting around 75 minutes. This format ensures a lively game which is enjoyed by spectators.

The Cricket Federation was nominated as the best organised sporting code, an award they went on to win. Sane Khuzwayo, the tournament manager, was very excited and grateful to receive the reward. She said that the Federation did not do anything other than its normal planning. They met once a month in the build up to the SALGA KZN Games. This was increased to weekly meetings in the month before the SALGA KZN Games. During the tournament the management team met daily to discuss any issues that had arisen.

The tournament was held at the Cato Manor Sports Ground. Khuzwayo was delighted with the venue. She said that it enabled the different games to go ahead as planned, on time. There were also no problems with transporting cricket players between different

venues as has been experienced in the past.

Khuzwayo was impressed by the cricket talent that was present. She believes that we need to work on developing cricket in our province. Khuzwayo said, "There are talented players, they have never had opportunities like this before in cricket." Khuzwayo said that girls should also be encouraged to play cricket to counter the opinion that it is only a gentleman's game.

A player that really stood out was eThekweni Municipality's John Grewar (18) who has just completed matric at Durban High School. Grewar, a gifted and popular batsman, scored a large number of runs on each of the three days of the tournament. Grewar is a well rounded player as he also has achieved well as a bowler. He has represented a host of district, school and provincial representative sides. Grewar has also shown a tremendous enthusiasm with coaching and has assisted with various coaching clinics at school.

The eThekweni team generally has a lot of talent and is very strong, winning gold in the tournament. Ugu won silver and uThukela bronze. The Umgungundlovu team also has a lot of potential to do well in the future.

### FINAL OVERALL CRICKET MEDAL RESULTS

GOLD	ETHEKWINI
SILVER	UTHUKELA
BRONZE	UGU



# CONGRATULATIONS

UMGUNGUNDLOVU District Municipality congratulates all its athletes on the well earned third place, obtained in the SALGA GAMES



## A CAPTIVATING EVENING OF DANCE SPORT

The Dance section of the SALGA KZN Games was held on Sunday the 11 December at the Olive Convention Centre, Durban. The popularity of this competition is apparent in that many distinguished guests including the KZN MEC for Art, Culture, Sport and Recreation Mrs Sibhidla-Saphetla, as well as a number of local and district mayors other councilors and members of the organising committee were in attendance. Vusi Mazibuko, project manager for the SALGA KZN Games commented that dance was one of his favourite events.

Besides a delay in the start time due to problems with the dance floor, there was great anticipation in the build-up to the competition. The foyer was filled with competitors doing last minute practices as they waited outside for their event to be called.

The evening was thoroughly enjoyed by the competitors, who

danced with great poise, passion and energy. Spectators were treated to Latin American dances such as the Rumba, Tango, Jive and Paso Doblé as well as ballroom dancing including the Viennese Waltz and Quick-step. Mrs Thandeni Zondi, results manager, said that the competitors gave a 100% in effort.

The animated crowd's enjoyment was apparent as they applauded and cheered enthusiastically for their district representatives. The evening's director request to the audience to cheer for their favourite dancers was met with much heartiness. One of the spectators commented that the dancing was "captivating".

Some of the competitors have been dancing since a young age, which was evident in their polished performances. Craig Davey and Asipht Mbatswana were representatives from Sisonke who have been

dancing together since March. When asked to comment on his involvement in dance, Davey said, "Dancing is time out for me. It is a little world where I can express myself and really be me."

Umgungundlovu District Coach, Philip Gumede said that he was pleased with the standard of the dancing. Dance has recently been introduced to the Games. Some of the dancers are still at the developmental stage and the SALGA KZN Games provide a platform for the dancers to obtain experience in competitions. Dance partners, Zwakele and Zama Nzimande, and Brian Booth and Sibonga Magubane were gold medal winners at the SALGA Games. These talented dancers went on to receive gold medals at the SA Champs 2011 in Bloemfontein. Umgungundlovu District was the delighted winners of the gold medal.

### FINAL OVERALL DANCING MEDAL RESULTS

GOLD	UMGUNGUNDLOVU
SILVER	SISONKE
BRONZE	ETHEKWINI





## FOOTBALL

Football attracted more crowds than any other sport over the Games. Umlazi's King Zwelithini Stadium, Glebe Stadium, the SJ Smith Stadium and Hoy Park played hosts to what is dubbed the most popular and thrilling sports code of this tournament.

The initial football matches saw much exciting competition. A match official said that he was pleased with the standard of the games. The teams were all well disciplined and co-operative.

Ex mayor of eThekweni and past Chairman of SALGA Obed Mlaba was delighted to be an observer at this year's matches but expressed disappointment that eThekweni did not make it to the finals.

The women's final match between Sisonke and Amajuba drew to a nail-biting conclusion. There were a couple of injuries which did not taint the intense energy of either the vocal supporters or the players on the field. However in every competition there is one winner and the SALGA KZN Games female football tournament concluded with Amajuba scoring the only goal of the match.

The Amajuba fans wasted no time getting into celebration mode as roaring cheers rippled through the crowd out onto the field. Long time coach, Nospo Zwane's massive smile, was a testament to the amount of hard work the team had put in, which had clearly paid off.

She commented with excitement saying; "I am so very proud of the Amajuba team who deserve to be champions." Amajuba captain Thandi Richardson said, "The feeling of winning is indescribable! We could not be happier or more grateful to our coaches. I am so very proud of my team mates who performed brilliantly on that field, who did their best, gave their all and came out as champions!" Richardson (aged 18) was more than happy to talk about her team's road to victory, the amount of hard work, effort and time put in by everyone involved. "I play centre back and loved watching my team win today, the feeling is indescribable and I am so grateful to have been a part of this experience. The SALGA Games have been a great opportunity to meet other girls and guys from other teams, get to know where they come from and how they got into football. The level of competition has been high which makes us even more proud as a team to have won today" said Richardson. The excitement in her voice was inspiring, her message for other athletes was; "To do what you love and go after your dreams because if you try your hardest you will always succeed."

She introduced us to Amajuba's best player Nokuthulo Shabangu. Twenty year old Shabangu, a very humble woman for someone with such talent, stated that "I am over the moon about our victory. I am grateful that the SALGA Games gave us this opportunity to play, to win and to make us hungry for

more victories at national level." The amount of pride, joy and inspiration felt at the field after the victory was extraordinary, there can only be good things coming from Amajuba in the future. She and her team mates took a victory warm down before jogging off the field, their heads held high with pride and smiles all around.

Sisonke Zola Shoba (20) with tears in her eyes stated she was, "...So sad and disappointed with the result but I am proud of my team's performance and happy that we had made it this far in the tournament..."

There was even greater excitement in the build-up to the males football match where defending champions, uThungulu played Umzinyathi in the men's final. This was keenly evident as the teams waited to run on the field. Both teams sang and chanted in anticipation of the "beautiful" game to come. Umzinyathi were the jubilant winners and there was much celebration from team supporters, players and their coaches.

uThungulu coach Thokozani Mpanza was disappointed that his boys did not keep their title. He commented on the fact that they had only had two weeks together as a team to practice. Nevertheless they boys looked good and had played well. Mpanza said "The boys have trained very hard together; they gel very well and work well as a team."



### FINAL OVERALL FOOTBALL MEDAL RESULTS

	FEMALE	MALE
GOLD	AMAJUBA	UMZINYATHI
SILVER	SISONKE	UTHUNGULU
BRONZE	ETHEKWINI	ETHEKWINI





# CONGRATULATIONS

uThungulu District Municipality congratulates all our star athletes on a super performance!



## GOLF

The golf competition was played at the Windsor Park Municipal Golf Club, which is attractive flat, woodland, 18-hole course in Durban. The Windsor Park Golf course was full of players, supporters and counsellors who showed up either to play or to support the different districts. Nine districts participated in this event, each with two mixed male and female teams. A total of 72 golfers competed.

Golf development in previously disadvantaged communities is a long term process and on-going coaching is required. To ensure the future of South African golf it is imperative to get young people interested in the sport as early as possible. This year the golf com-

petition was restricted to players aged 20 and under. The aim of this restriction is to encourage younger players to participate as there is potential for golf to grow in the KwaZulu-Natal province. eThekweni Municipality currently has a golf development programme and other municipalities such as Ugu District and Amajuba are keen to start similar programmes.

The SALGA KZN Games are also a platform to get more players to provincial level. Joseph Kunene, the tournament manager, reported that there is much talent present. Currently five of the golfers already compete at a provincial level. It is quite possible that one of the young girls or boys playing in the SALGA KZN

Games could be a future Major winner.

Andile Nene, sixteen year old golfer from uThukela District was one of the players showing off his impressive swing. He got into golf through his friends and loves it above any other sport. "It is a sport about personal gain and achievement" he said. He ended off his interview recommending golf to young people in KwaZulu-Natal and South Africa saying; "Golf instils principles of patience, honesty, and respect", which are all important principles for everyday life.

iLembe District's team played well and were delighted to take home the much coveted golf trophy for the Games.



### FINAL OVERALL GOLF MEDAL RESULTS

GOLD	ILEMBE
SILVER	ETHEKWINI
BRONZE	UGU

### FINAL GOLF MEDAL RESULTS

INDIVIDUAL U16	
GOLD	ETHEKWINI
SILVER	ILEMBE
BRONZE	UMGUNGUNDOLOVU
INDIVIDUAL U18	
GOLD	ILEMBE
SILVER	AMAJUBA
BRONZE	UGU
INDIVIDUAL U20	
GOLD	UGU
SILVER	UGU
BRONZE	AMAJUBA

## INDIGENOUS GAMES

Indigenous Games consisting of Umlabalaba (board-games), Ingqathu (rope skipping) and Khokho (a tag game) are an important part of the SALGA KZN Games sporting codes. The revived popularity and interest in these almost forgotten forms of sports, often played on the dusty roads of KwaZulu-Natal, are receiving much excitement and attention.

Evergreen Ngwenya, general manager of Indigenous Games in the Amajuba District, was happy to share the ins and outs of Khokho and on indigenous sports in general. Mr Ngwenya stressed that Khokho, Dibeke, Amagende and the other seven sub-codes that make up indigenous sports in KwaZulu-Natal were crucial to society as a whole. He feels that through these games children will develop an interest in sport. Indigenous Games are also an entry into the discipline of sport as well as into competitions such as the SALGA KZN Games.

Mr Ngwenya stated, "Those youngsters now have an oppor-

tunity to see a city like Durban, which is something we all too often take for granted. This experience could somehow better their lives in various ways".

In addition to being the general manager for these sports in his district; Mr Ngwenya spoke with nostalgia about his glory days as a champion of Khokho and several other sports. He believes that both the community and the healthy competition have afforded him a brighter future than he might have had, had his talent gone unnoticed.

As he looks back on his days as a champion he looks forward to a future, where under his guidance, one of his young sportsmen or women is poised to be the next champ. Mr Ngwenya's face beamed with hope for the athletes who showed promise in these indigenous disciplines.

Ingqathu was both interesting and highly entertaining. Teams of six to seven members consisting of both girls





# CONGRATULATIONS

KZN Top Business Portfolio applauds all participating athletes!!!

and boys participated in choreographed routines. These routines were accompanied by songs, clapping and chanting, adding to the atmosphere. The traditional feel to the sport was further emphasised by the outfits worn by both boys and girls. The girls wear colourful beaded skirts that aid in both the rhythm and the sounds while performing and matching crop tops. The boys wear colourful pants, three quarter in length and vests or t-shirts, their outfits are not tight fitting so to allow for movement and the ability to jump.

Khokho, a tag game, fascinated many of the spectators especially those looking in from an outsider perspective. After the festive warm up of singing and dance routines, the players took their positions on the field. The field is a series of lines, the vertical centre line is the base while the thick horizontal lines make up the playing zone. There are nine players in each team and two teams participate at a time. The game last for seven minutes. Mr Ngwenya elaborated on the origin of the sport, which became official in 2005. The sport initially originated from Indian culture and merged into different cultures due to the African Renaissance. Khokho has created a new sport for young people to learn and enjoy in the future, which further widens South Africa's diverse and unique nation.

Umlablaba is a two-player abstract strategy board game that is often translated as "Zulu Chess". The end aim is to capture counters referred to as "cows". The game is particularly popular amongst the youth.

Teddi Adams the project manager of eThekweni stated that her favourite event of the day was the indigenous game especially the skipping with its vibrant atmosphere. Like Evergreen Ngwenya, she feels that the SALGA KZN Games will provide athletes with experience, insight into the world of sport and competing. Sport promotes confidence and motivates the athletes to move forward and do well.

It is clear that Indigenous Sports in KwaZulu-Natal share the same culture of discipline, fraternity and the potential of socio-economic betterment as do all the 'mainstream' sports codes that are part of SALGA's mandate.



## FINAL OVERALL INDIGENOUS GAMES MEDAL RESULTS

GOLD	ETHEKWINI
SILVER	UMGUNGUNDLOVU
BRONZE	UTHUNGULU



## KARATE

Karate took place at the Olive Convention Centre where ten districts participated. The Karate tournament consisted of Kumite, which is freestyle fighting. Both full-contact and semi-contact competitions were held, each consisting on one three minute round. Extensions are allowed in the event of a draw. In semi contact kumite, points are awarded based on sporting attitude, good timing and correct distance. In full contact karate kumite, points are scored on the results of the impact.

The inclusion of Karate in the SALGA KZN Games is relatively

new. As Karate is a development sport new coaches are also selected to promote the growth of this code. Karate is one of those sports that need to be promoted amongst our youth including, both young men and women. Karate teaches self defence, discipline and focus in everything one does. These are important life skills for the youth to learn.

Karateka who have come in the top four in provincial or national events are not allowed to participate in this competition. Zanele Magosa (16) is a yellow belt Karate athlete who has been training for six years and has won

every match in the tournament in her level. The young athlete from Thobile High School in the eThekweni District was still trying to catch her breath during the interview in which she stated she was having great fun. The training schedule seemed rigorous. Ms. Magosa stated that she trains six days a week for two hours a day with an additional two hours on Saturday. This illustrates an unbridled commitment to her discipline.

The eThekweni team's training for the competition stood them in good stead as they won almost all of their karate matches.

## FINAL OVERALL KARATE MEDAL RESULTS

GOLD	ETHEKWINI
SILVER	ILEMBE
BRONZE	UTHUNGULU





# CONGRATULATIONS

UTHUKELA offers special congratulations to all athletes who took part in the SALGA KZN GAMES and thanks the organisers for a great tournament



## NETBALL

Netball was a big attraction of the SALGA KZN Games, enticing large crowds to the netball courts of Hoy Park who supported their teams with singing and cheering. Netball is a fast and energetic game and this was clearly seen on the courts.

There were both male and female teams participating in a round robin tournament. All district municipalities participated in the female section and only Ugu did not have a male team. Although traditionally the majority of netball players have been female, the game is being played by growing numbers of men internationally on all-male or mixed teams. The male teams play a hard, physical game, and it is a great game to watch.

Ncokoza Mduna from eThekweni Municipality stated "I am both nervous and excited to compete in the netball". The excitement was clear on his face as he explained how the SALGA KZN Games provided him with the opportunity to participate with other athletes from around the province. Mduna emphasised that he was new to the sport saying, "I only started netball recently when my coach asked me to move from basketball a few months ago".

Mduna previously attended Kingsway High School in Amanzimtoti on the South Coast. Currently he is waiting, wondering whether he will be accepted into the University of KwaZulu-Natal. His ambition is to study civil engineering. Since Mduna has recently matriculated he hopes to con-

tinue playing netball for his municipality and for clubs as he appreciates the team camaraderie, as well as the fitness aspect of sport. He emphasised that playing sport provided an outlet for most people to be active in a positive environment, putting their time and effort into a sport where you support your team mates and they depend on you. This in turn deters young people from the temptation of drugs and crime.

Noma Nyathi, a spectator from Ugu District Municipality said that Netball is growing in popularity in schools. Pupils find the game easy to learn, the rules are simple as well as making for an exciting game.

Umkhanyakude, Uthungulu and eThekweni dominated the netball matches.

### FINAL OVERALL NETBALL MEDAL RESULTS

	FEMALE	MALE
GOLD	ETHEKWINI	UMKHANYAKUDE
SILVER	UTHUNGULU	UTHUNGULU
BRONZE	UMKHANYAKUDE	ETHEKWINI



### RUGBY SEVENS

Rugby Sevens and Women's Rugby have both been earmarked by the South African Rugby Union (SARU) as the two alternative rugby codes that can be effectively used to take the game to new markets. This progress is especially relevant in the context of sports development in KwaZulu-Natal. As such it is wonderful to have Rugby Seven's as a sporting code at the SALGA KZN Games. In addition, an equal number of male and female teams compete at the Games, which are eligible to players under 19 years of age. All district municipalities' participated in this event and the competition was fierce as well as enthusiastically supported.

The rugby finals held at George Campbell Technical School, Durban were an event that many people were looking forward to. Glenwood boy Lwandile Nhangulegu

who plays for the eThekweni district's under 19 men's team sat down to speak about how he felt about the SALGA Games before the final took place. "I first expected the standard of rugby to be at a lower level, but I was very surprised to see the high standard of rugby by being played by the other municipalities of KZN", said Nhangulegu with a smile. His humble presence was refreshing for such a talented young man who has been playing rugby since 2006 when he was in grade seven. At eighteen years old he has just matriculated from Glenwood High School, he plays centre and hopes to carry on with rugby through a club while he studies.

There was much anticipation to watch the girls' rugby matches as these young women were playing contact instead of touch rugby against one another. These ladies don't fool around around, they are here

to compete and to play a tough game and hopefully come out on top. When Lwandile Nhangulegu was asked how he felt about girls playing contact rugby, he laughed awkwardly and suggested that it made him slightly uncomfortable to see girls tackling each other and playing so rough. He backed up that argument saying that it was not sexist; you simply don't want to know that the girl you are dating can beat you up.

uThukela U19 coach of three years, Siphamandla Madlala was very proud of how his team was fairing against the other competition. On being asked what it was like as a male, to coach female rugby he said, "It takes a lot of patience to coach girls and it takes time to teach them, but at the end of the day they are athletes and they are capable of anything that a male would be capable of. Do not underestimate them".

The uThukela captain Thando Mngadi, who has been playing female rugby, for four years was equally as positive about both her team and their coach who gives them confidence and support. Said Mngadi. "My team is like a family unit. We work to support and encourage each other in order to build a strong team that wins matches. We are here to win". When asked how it felt to play contact rugby she simply said, "You get used to it." These ladies are tough cookies and are definitely a team to watch going forward.

Lwandile Nhangulegu's overall impression was that the SALGA Games would affect the lives of people not normally noticed and hopefully shed light on talent that would not normally be recognised before.



#### FINAL OVERALL RUGBY MEDAL RESULTS

	FEMALE	MALE
GOLD	UTHUKELA	ETHEKWINI
SILVER	UTHUNGULU	UMZINYATHI
BRONZE	UMKHANYAKUDE	UMGUNGUNDLOVU





# CONGRATULATIONS

Zululand District Municipality congratulates its team on their performance and positive spirit



## SWIMMING

The swimming competition, filled with talent that one would not expect, is an event not to be missed. Swimming was held at Kings Park Swimming Pool where 140 swimmers competed in free-style, breast-stroke, butterfly, and backstroke as well as in relay events.

Sanele Nhlumayo, the swimming tournament director was very pleased with this year's event. He felt that a lot of work had gone into preparation for the competition, which was contributing to its success. Having the electronic timing system at Kings Park Swimming Pool was also a considerable advantage over previous events.

Many of the swimmers have not had much professional coaching, either through their schools or a club so the amount of effort shown was inspirational. This difficulty was a challenge also identified by Sanele Nhlumayo. There is a need for more resources and commitment from all municipalities to promote swimming from an early age. Coaches need to be recruited and trained and there are many people who would benefit from such a programme. One such person is Msa Dwalane from Ugu District. A year ago, he was unable to swim. Now he is a competent swimmer and has joined a mentorship programme as a swimming coach. Palesa Hlela was identified as a swimmer with much potential.

FINAL OVERALL SWIMMING MEDAL RESULTS	
GOLD	ETHEKWINI
SILVER	UMGUNGUNDOLOVU
BRONZE	UTHUNGULU

Sisonke District competed in the swimming section for the first time this year and qualified for all events. Young Bart Heyneke from Sisonke Municipal District was more than willing to share his experience of the SALGA Games. His emphasis was placed on the people he had met and the achievements that had impressed him, including his own, as he did not expect to do so well. On the Saturday he received a silver medal for the 50 metres breaststroke and a bronze medal for the 100 metres breaststroke. At the age of thirteen he still

has time to work on both his style and technique to get better. He has been swimming for five years and hopes to make his way into a swimming club to move forward with the sport. He gushed with pride when speaking about his team's success in making the finals on both the Saturday and the Sunday.

Caitlin Hess (11) another young swimmer from Kokstad (Sisonke Municipal District) was one of the young swimmers who took part in the Games. As a backstroke and butterfly specialist she represented her district in a medley race which was challenge for her. It seems the SALGA Games and sports in general endeavour to develop a culture of discipline, community and self-confidence that will stand most young athletes, like Caitlin Hess, in good stead. Such conduct will positively influence her life far beyond her sport. Caitlin appears to have a bright future as a selfless swimmer whose respect for her team surpasses that of personal gain. In addition, she was excited to be in Durban for this provincial tournament; citing that it was much fun with all the new people she had the opportunity to meet in one of South Africa's three big cities. The SALGA Games have brought teams closer together and made people realise their dreams of achieving in a sport they never thought they could succeed in.

One of the swimming stars was Shaunagh Lesur who swam for uMgungundlovu District Municipality. Bruce Lesur, her father, congratulated all the organisers and helpers and said that the event was "amazing for her".



## TABLE TENNIS

Although table tennis is growing in popularity as a sporting code, it is not necessarily considered a mainstream sport. However, the University of KwaZulu-Natal's Westville Campus was filled with the loud cheers of spectators as they supported their respective districts at the table tennis tournament. If there was any belief that table tennis lacks excitement, those myths were quickly dispelled by the nail-biting reception that was in the campus's sports centre.

Eight district municipalities competed in this tournament namely: Amajuba, eThekweni, iLembe, Ugu, Sisonke, Umgungundlovu, Uthukela, and Zululand. Each team consisted of eight players which meant a total of 72 young people took part in the tournament.

Bongeka Mawoko and Poswa Nasiphi were amongst some of the most enthusiastic players there and were more than willing to share their opinions on the games. Both the girls said that the games have offered them the chance to learn from some of the best players in their discipline and age group. They had to add the tournament was challenging for them considering that they had lost in the semi-finals but this defeat did not deter their spirits or enthusiasm. They were both highly

complementary of the SALGA KZN Games themselves as well as the other athletes. They particularly enjoyed meeting other players from around the province; citing a common commitment to discipline and sportsmanship. This tight knit duo of girls, both in grade nine, share an interest in biomedical and sports science which they attributed to their involvement in sports. They added that sport has exposed them to new ideas and experiences which are intensified by the SALGA KZN Games.

Ashwin Naidoo, the table tennis tournament manager said, "I have been involved in the SALGA KZN Games' table tennis tournament for the past five years and I am pleased to see the standard steadily improving. There has also been some development as new faces are amongst the 'top dogs' which is very pleasing". The development in the sport indicates that a lot of hard work has gone into organisation and training. Naidoo believes that table tennis has a good future amongst the youth. Competition may be considered the best form of talent identification and this tournament was so different. Naidoo said, "There is a lot of talent and we need to find a way to take some of these players further. A challenge to the sporting code's development is that there is not yet a specific coaching academy."

FINAL OVERALL TABLE TENNIS MEDAL RESULTS	
GOLD	ETHEKWINI
SILVER	AMAJUBA
BRONZE	ILEMBE

## TENNIS

The Hoy Park Tennis Courts played host to the SALGA KZN Games tennis tournament and served as a playing ground to some of the youngest athletes in the whole tournament.

Six municipalities participated in the tournament namely Amajuba, eThekweni, iLembe, Sisonke, Umgungundlovu and

Zululand. The tennis tournament is open to under sixteen male and female doubles players. At this stage no single or mixed doubles games are played. Four players from each district participated (two males and two females) making a total of 24 players.

Maureen Davisworth, the tennis tournament manager, reported that she was very pleased

with the competition. She said, "The children are well behaved, have been enthusiasm as well as a good spirit". The enthusiasm of the young players was apparent in that many of them were taking the opportunity to knock-up with their team mates while waiting for their turn to compete.

Davisworth continued, "The athletes show great raw talent".

She added that this talent needed nurturing. However, a challenge facing players is that of a lack of coaching or facilities, which is experienced in many of the outlying areas. Any available time left at the conclusion of the tournament was not going to be wasted but used as a coaching opportunity.

Maureen Davisworth and Saroj Govender suggested that more

primary schools should have tennis courts and that development should start at a young level. That being said, they were both thoroughly enthusiastic about the effort the SALGA KZN Games are making to keep these budding athletes off the streets and thoroughly engage them in confidence building activities.

One of the youngest participants of the SALGA KZN Games was Thabani Mdlalose (14) from Sisonke District Municipality. This young tennis enthusiast was thrilled to be in Durban, participating in the Games, because he has long wanted to take part. After only playing tennis for three months, he is not too fazed by the competition but just want to learn from the experience. Thabani's ambition is to enjoy the game of tennis and meet new people while getting exposed to a culture of strong discipline through sport.



The tournament is played as a round robin. All the games are added up and the players with the most number of game wins were the winners of their respective round robins. The boys and girls games are added together to determine which district is the winner of the gold, silver and bronze medals.

FINAL OVERALL TENNIS MEDAL RESULTS	
GOLD	ETHEKWINI
SILVER	SISONKE
BRONZE	ILEMBE





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# CONGRATULATIONS

FNB congratulates SALGA KZN on the great success of the Games

## VOLLEYBALL

Volleyball is one of the fastest growing and most popular spectator sports in South Africa. Volleyball requires superior communication skills, and upper body strength. The nature of the game is such that you must work as a team in order to succeed.

These criteria add up to much fun for everyone concerned. All the players put in hours of hard work and dedication to prepare for this tournament. However sustained development of the game is essential if the game is to continue to thrive in KwaZulu-Natal.

Through the cheering, the music, the hustle and the bustle, David Griffith an immensely tall seventeen years old from uThungulu spoke about how the SALGA KZN Games have

increased his confidence. "I have been playing volleyball for two years now and the SALGA KZN Games were a great opportunity to compare my talents with other athletes from around KZN", said Griffith. While playing with three team mates in a warm up session he commented on how the SALGA games are fun and competitive, which creates great morale amongst their team mates and encourages them to do well.

All the district municipalities played in the male volleyball tournament and only Sisonke did not field a female team. eThekweni municipality won the male tournament. The team was extremely delighted to win and their spirits were high. Zethembe Mkhwanazi a volleyball player from eThekweni team commented that they were, "the best team ever" which

was quickly agreed upon by other team members. This well illustrates the excellent team spirit that is necessary to win a volleyball game.

The iLembe female team were equally delighted to receive the gold medal and trophy for their district. This trophy was one of only two medals that the district municipality won throughout the tournament.



FINAL OVERALL VOLLEYBALL MEDAL RESULTS		
	FEMALE	MALE
GOLD	ILEMBE	ETHEKWINI
SILVER	ETHEKWINI	AMAJUBA
BRONZE	UMKHANYAKUDE	UGU

SALGA KZN GAMES 2011 FINAL MEDAL RESULTS PER CODE			
SPORT	GOLD	SILVER	BRONZE
1. ATHLETICS	ETHEKWINI	AMAJUBA	ZULULAND
2. BASKETBALL (FEMALES)	ETHEKWINI	UTHUKELA	UMGUNGUNDLOVU
3. BASKETBALL (MALES)	UMGUNGUNDLOVU	ETHEKWINI	AMAJUBA
4. BOXING	UTHUNGULU	UMZINYATHI	UTHUKELA
5. CRICKET	ETHEKWINI	UGU	UTHUKELA
6. DANCE	UMGUNGUNDLOVU	SISONKE	ETHEKWINI
7. FOOTBALL (MALES)	UMZINYATHI	UTHUNGULU	ETHEKWINI
8. FOOTBALL (FEMALES)	AMAJUBA	SISONKE	ETHEKWINI
9. GOLF	ILEMBE	ETHEKWINI	UGU
10. INDIGENOUS GAMES	ETHEKWINI	UMGUNGUNDLOVU	UTHUNGULU
11. KARATE	ETHEKWINI	ILEMBE	UTHUNGULU
12. NETBALL (MALES)	UMKHANYAKUDE	UTHUNGULU	ETHEKWINI
13. NETBALL (FEMALES)	ETHEKWINI	UTHUNGULU	UMKHANYAKUDE
14. RUGBY (MALES)	ETHEKWINI	UMZINYATHI	UMGUNGUNDLOVU
15. RUGBY (FEMALES)	UTHUKELA	UTHUNGULU	UMGUNGUNDLOVU
16. SWIMMING	ETHEKWINI	UMGUNGUNDLOVU	UTHUNGULU
17. TABLE TENNIS	ETHEKWINI	AMAJUBA	ILEMBE
18. TENNIS	ETHEKWINI	SISONKE	ILEMBE
19. VOLLEYBALL (MALES)	ETHEKWINI	AMAJUBA	UGU
20. VOLLEYBALL (FEMALES)	ILEMBE	ETHEKWINI	UMKHANYAKUDE

# A BEAUTIFUL TOURNAMENT

The closing ceremony of the SALGA KZN Games 2011 was held at the Durban Exhibition Centre. The hall was filled to the brim with exuberant athletes who had all thoroughly enjoyed the three days of sport. Equally excited were the various organisers, team officials, supporters and other guests who were all delighted with the games proceedings.

The message from the KZN MEC for Art, Culture, Sport and Recreation, Ms N. Sibhidla-

Saphetha, was read by the MEC for Health Dr. S. Dhlomo. The MEC called upon all our young people to continue to take sport seriously and inculcate sport practices in their lives to promote an active and healthy lifestyle.

Mayor of eThekweni James Nxumalo congratulated all the participants in the Games. He said that, "these Games had come at the right time and are part of de-stressing at the end of the year." This is particularly relevant after the end of

year exams that many of the athletes would have written. Once more the importance of sport in the lives of the youth was emphasised.

Chairperson of SALGA KZN, Cllr. Mdabe commented to the District teams, "You are all beautiful and we are highly appreciative of your participation". He added that this year has seen a huge improvement in sporting performances over previous years. This improvement is evident in that many of the rural municipalities won

medals at sports which are normally dominated by cities and towns. A contributing factor to this improvement is the greater commitment from local municipalities to ensure that their youth have the opportunity to participate in different sporting codes.

Programme director, Vusi Mazibuko, was congratulated on his successful management of the Games. Vusi Mazibuko took much delight in announcing the winners of the various sporting codes. The winning



Event Manager and Programme Director, Vusi Mazibuko



districts received the trophies from the dignitaries present to much applause, cheering and song from their teams.

Adding glamour to the stage were young women from the "Miss SALGA KZN" Competition. This is an annual youth development programme which is concluded with a beauty pageant, where the top two ladies from each district parade for the "Miss SALGA KZN" crown. This programme is aimed at appreciating the lives of young women from the previously

disadvantaged communities of KwaZulu-Natal and also to create platforms and develop opportunities for young women in the beauty and fashion design industry.

The ceremonial extinguishing of the SALGA KZN Games flame and the lowering of the South African flag marked the end of three days of highly successful inter-district municipality sport.

## THE POWER OF SPORT

The importance of the SALGA KZN Games in the province of KwaZulu-Natal cannot be emphasized enough. Sport has the ability to drive social change and this fact has long been recognised. This dynamic is especially relevant to youth development and empowerment. The youth amongst all sectors of society need to engage in activities that transcend their everyday lives. Each youth has his or her own challenges to face, no matter what sector of society he or she belongs to. These challenges may include, amongst others, making healthy choices regarding eating habits, the emotional pressures of adolescence, the responsibility of young adulthood or the expectations of obtaining an education.

In a speech before the Football World Cup 2010, Kofi Annan the seventh Secretary-General of the United Nations had much to say about the power of sport in society. Some of the points which are equally applicable to our youth and the SALGA KZN Games include that sport:

Engages and brings our world together in a way few, if any other activity, can manage.

Has an almost unmatched role to play in promoting understanding, healing wounds, mobilizing support for social causes, and breaking down barriers.

Can – and does - encourage pupils to stay in school and parents to get their children immunized.

Is used effectively to promote HIV/AIDS awareness and has helped drive global campaigns against such evils as child labour and landmines.

Directly builds fitness and coordination, improving mental and physical well-being and resistance to disease.

Teaches the values of team-work, discipline and leadership as well as the reward of effort.

Builds confidence and social skills and is key to the healthy development for our children.

Breaks down gender barriers, and provides role models for empowering girls and women.

Of note is that above all, sport should be enjoyed whether as a participant or as a spectator.



### sport and recreation

Department:  
Sport and Recreation  
PROVINCE OF KWAZULU-NATAL



Ms N. Sibhidla-Saphetha, MPL  
MEC: Arts, Culture,  
Sport & Recreation

## Proud partner to the SALGA-KZN Games 2011

The Department of Sport and Recreation has supported the SALGA-KZN Games 2011 by:

- Funding the programme for R3 200 000 in total;
- Funding the District Team Selection and Preparation and the Opening Ceremony;
- Providing officials to facilitate the preparations at ward and district levels.



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